



Challenging Behaviors				
Organization	Service Description	Address	Phone	Contact number/Website
Asperger/Autism Network	Why Does My Child Behave Like That? Practical Strategies for Parents of Kids on the Autism Spectrum	51 Water Street, Suite 206, Watertown, MA 02472	617-393-3824	https://www.aane.org/child-behave-like-practical-strategies-parents-kids-autism-spectrum/
Asperger/Autism Network	Fewer Meltdowns! Practical Strategies for Fostering Positive Behavior in Children & Teens with AS	51 Water Street, Suite 206, Watertown, MA 02472	617-393-3824	https://www.aane.org/fewer-meltdowns-practical-strategies-fostering-positive-behavior-children-teens/
Asperger/Autism Network	Shares practical guidance for parents of children and teens on the autism spectrum; helping all parents feel less alone.	51 Water Street, Suite 206, Watertown, MA 02472	617-393-3824	https://www.aane.org/parenting-without-panic-brenda-dater/
Asperger/Autism Network	Helps parents distinguish between behaviors that are related to an Asperger profile, and typical teen behaviors. She gives information on how Asperger's impacts the adolescent mind, and how to handle the demands of parenting this kind of teenager.	51 Water Street, Suite 206, Watertown, MA 02472	617-393-3824	https://www.aane.org/welcome-teen-years/

Asperger/Autism Network	Easy-To Implement Interventions for Children with Asperger profiles	51 Water Street, Suite 206, Watertown, MA 02472	617-393-3824	https://www.aane.org/easy-to-implement-interventions-for-children-with-asperger-profiles/
Asperger/Autism Network	Guidelines for Neuropsychological Evaluations for Children and Teens	51 Water Street, Suite 206, Watertown, MA 02472	617-393-3824	https://www.aane.org/guidelines-neuropsychological-evaluations-children-teens/
Asperger/Autism Network	Helping Children Understand Time	51 Water Street, Suite 206, Watertown, MA 02472	617-393-3824	https://www.aane.org/helping-children-understand-time/
Asperger/Autism Network	Helping Students with Asperger Profiles Make Sense Of Recess	51 Water Street, Suite 206, Watertown, MA 02472	617-393-3824	https://www.aane.org/helping-students-asperger-profiles-make-sense-recess/
Asperger/Autism Network	How to Determine Homework Needs of Students on the Autism Spectrum	51 Water Street, Suite 206, Watertown, MA 02472	617-393-3824	https://www.aane.org/determine-homework-needs-students-autism-spectrum/
Asperger/Autism Network	How to Handle Meltdowns	51 Water Street, Suite 206, Watertown, MA 02472	617-393-3824	https://www.aane.org/how-to-handle-meltdowns/
Asperger/Autism Network	Morning Work Template- organization and self-regulation	51 Water Street, Suite 206, Watertown, MA 02472	617-393-3824	https://www.aane.org/morning-work-template/
Asperger/Autism Network	Sensory Processing and the Sensory Budget	51 Water Street, Suite 206, Watertown, MA 02472	617-393-3824	https://www.aane.org/sensory-processing-sensory-budget/

Asperger/Autism Network	Simple Steps to Help Your Child Follow Through on Tasks	51 Water Street, Suite 206, Watertown, MA 02472	617-393-3824	https://www.aane.org/simple-steps-help-child-follow-tasks/
Asperger/Autism Network	Change in My Day Card- dealing with ASD individuals who become distressed with sudden changes to their schedules	51 Water Street, Suite 206, Watertown, MA 02472	617-393-3824	https://www.aane.org/change-day-card/
Asperger/Autism Network	Teaching Resilience to Children with Asperger Profiles-We should teach students strategies that help them become more resilient—strategies for problem-solving, flexible thinking, and anxiety management	51 Water Street, Suite 206, Watertown, MA 02472	617-393-3824	https://www.aane.org/teaching-resilience-children-asperger-profiles/
Asperger/Autism Network	Helping Your Child Learn How to Be Calm	51 Water Street, Suite 206, Watertown, MA 02472	617-393-3824	https://www.aane.org/teaching-child-calm/
Asperger/Autism Network	Throw Away The Yardstick or The Blessing of the Diagnosis- article provides insight on someone living with ASD and progressing developmentally	51 Water Street, Suite 206, Watertown, MA 02472	617-393-3824	https://www.aane.org/throw-away-yardstick-blessing-diagnosis/
Asperger/Autism Network	The Dating Scene — Are You Interested?	51 Water Street, Suite 206, Watertown, MA 02472	617-393-3824	https://www.aane.org/dating-scene-interested/
Autism Focused Intervention Resources & Modules	A series of free online learning modules with step-by-step information on how to plan, implement and monitor specific evidenced based practices with learners with ASD from birth to 22 years of age	n/a	n/a	https://afirm.fpg.unc.edu/afirm-modules
Autism Research Institute	Challenging Behaviors: tips for Success.	n/a	1-833-281-7165	https://www.autism.com/creating_tips

Autism Speaks	<p>Has a lot of helpful information regarding challenging behaviors, specifically the section called “Managing a Crisis”. This contains tips and information to help you anticipate and turn around an escalating situation that seems to be headed in this direction. It also has information for responding when there is an emergency situation.</p> <p>Sometimes the difficulties of autism can lead to behaviors that are quite challenging for us to understand and address. Most individuals with autism will display challenging behaviors of some sort at some point in their lives. Autism Speaks has created the Challenging Behaviors Tool kit to provide you with strategies and resources to address these behaviors, and to help support you and your loved one with autism during these difficult situations.</p>	locations vary	1-888-288-4762	https://www.autismspeaks.org/sites/default/files/2018-08/Challenging%20Behaviors%20Tool%20Kit.pdf
Autism Speaks	<p>Many families of children with autism spectrum disorder (ASD) are faced with the option of using medicines to help treat their child’s challenging behaviors. This is a tough medical decision and there is no one right answer. The Tool Kit includes a family decision aid and answers to frequently asked questions—all designed to help you clarify your values and goals and then talk with your healthcare provider about the options, benefits, and possible downsides of medications.</p>	locations vary	1-888-288-4762	https://www.autismspeaks.org/sites/default/files/2018-08/Medication%20Decision%20Aid.pdf
Autism Speaks	My Child is sometimes aggressive- what can help?	locations vary	1-888-288-4762	https://www.autismspeaks.org/science-blog/my-child-sometimes-aggressive-what-can-help
Autism SPeaks	<p>ATN/AIR-P Introduction to Behavioral Health Treatments - Information about behavioral treatments at home and in a professional setting.</p>	locations vary	1-888-288-4762	https://www.autismspeaks.org/tool-kit/atnair-p-introduction-behavioral-health-treatments

Autism Speaks	ATN/AIR-P Parent's Guide to Applied Behavior Analysis- An overview of ABA, its effectiveness and how to access it	locations vary	1-888-288-4762	https://www.autismspeaks.org/tool-kit/atnair-p-parents-guide-applied-behavior-analysis
Autism Speaks	Ideas to help improve physical fitness.	locations vary	1-888-288-4762	https://www.autismspeaks.org/physical-fitness
Car Autism Roadmap	If your child exhibits behaviors that impedes learning for themselves and others, you can incorporate a Behavior Intervention Plan (BIP) into your child's Individualized Education Program (IEP).	3401 Civic Center Blvd, Philadelphia, PA 19104	1-866-570-6524	https://www.carautismroadmap.org/behavior-intervention-plan/
Indiana Resource Center for Autism	<p>Helps to determine the events leading up to a negative behavior, as well as the consequence of the behavior. ABC stands for:</p> <ul style="list-style-type: none"> • Antecedent (what happened right before the behavior) • Behavior (what is the child doing?) • Consequence (what happens after the child performs this behavior?) <p>Recording this information can help identify patterns in behavior, and any potential factors that may be reinforcing negative behavior.</p>	1905 North Range Rd., Bloomington, IN 47408	812-855-6508	https://www.iidc.indiana.edu/pages/Observing-Behavior-Using-A-B-C-Data
Interactive Autism Network	Articles related to challenging behaviors a person with autism faces such as aggression, self-injury, social and communication problems, repetitive behaviors, and more just to name a few	n/a	n/a	https://iancommunity.org/challenging-behaviors
National Professional Development Center on Autism Spectrum Disorder (NPDC)	A resource for planning, implementing and monitoring evidenced-based practices	Frank Porter Graham Child Development Institute, The University of North Carolina Chapel Hill Campus Box 8180, Chapel Hill, NC 27599	919-966-2622	http://autismpdc.fpg.unc.edu

Research Autism	Guide examines the evidence on challenging behaviors in people on the autism spectrum and possible interventions, advice and recommendations.	25 Nutford Place, London W1H 5YQ	020 3490 3091	http://www.researchautism.net/publicfiles/pdf/essential-guide-autism-challenging-behaviours.pdf
Technical Assistance Center on Social Emotional Intervention for Young Children	Information and resources to help young children develop social emotional skills and reduce challenging behaviors	n/a	n/a	http://challengingbehavior.cbcs.usf.edu/Implementation/family.html

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